



## How We Can Help

Our highly qualified and trained caregivers are ready to help you and your loved ones with a variety of daily activities such as:

- Caring companionship
- Meal planning and preparation
- Incidental transportation
- Running errands
- Light housekeeping
- Medication reminders
- Monitoring of safety while bathing
- Assistance with bill paying
- Information and referral services

Our personalized services are available seven days a week and can range from a few hours daily to 24 hour care.

*We are fully bonded, licensed and insured.*



### Aging My Way Home Care

Serving: New Westminster, Port Moody, Belcarra, Anmore, Coquitlam, Port Coquitlam, Pitt Meadows, Maple Ridge & Mission.

**604-290-8331**

[info@agingmyway.ca](mailto:info@agingmyway.ca)

[www.agingmywayhomecare.ca](http://www.agingmywayhomecare.ca)

A Proud Member of



The nation's largest network of independent senior care providers

#### What some of our clients say about us:

*"I didn't lose my independence, I gained it along with parts of my life I thought were gone forever. My caregiver is incredible, thanks again for bringing her to me."*

—Ms. Jean V.

*With your help we were able to keep mother at home until her death. That was a fervent wish of hers and you helped make it come true. Bless you and your staff as you continue to provide your services to others like my mother.*

—Linnie M.

*Our caregiver goes above and beyond the call of duty. It's so reassuring to know that you keep track of every little detail of my grandmother's needs and all aspects of her care (my husband even writes his notes to her doctors in your Care Book!) My family has used several caregiver companies and you are by far the best!"*

—Dr. & Mrs. R.



*There is No Place Like Home*



*Providing Dependable and Affordable In-Home Assistance*

*Call for a Free In-Home Assessment*

**604-290-8331**

[www.agingmywayhomecare.ca](http://www.agingmywayhomecare.ca)





## Clients we *Serve*

We're devoted to seniors and the chronically disabled who aren't ready to leave their home for an institutional setting or who live with relatives, but because of illness or chronic conditions need support to remain at home.

Caring for a client often involves family, so we play a role in providing a respite for the primary family caregiver, i.e., a wife caring for a husband or a daughter/son caring for their parents.

Constant caregiving can bring great stress, because the caregiver's focus is centered on the one needing care. Very often we see that when we give relief from daily routines, allowing the family caregivers more time for themselves, the relationship strengthens.



*Trust* our caregivers  
are the "cream of the crop"

Our caregivers are well trained, highly qualified and carefully selected individuals who are thoroughly screened, bonded and insured. Most importantly, our priority is to have caregivers who are completely trustworthy and extraordinarily caring of others.



*O*ur caring service allows our elderly clients to maintain as much independence as possible by providing the appropriate in-home assistance and companionship, lifting the spirits of both the elderly and the family caregivers as well.



## How to get *Started*

We will meet with you and your family and jointly determine the scope of care by conducting an in-depth assessment of your (or your loved one's) lifestyle and medical conditions, then evaluate the kind of assistance that is needed.

During the meeting, we explain fully the services available, answer any additional questions you may have, and help with the important care decisions faced by a family with a loved one in need.

Issues covered include:

- Matching the appropriate caregivers
- Daily routines
- Health and medication
- Emergency response
- Nutritional issues
- Home cleaning issues
- Transportation
- Costs of services